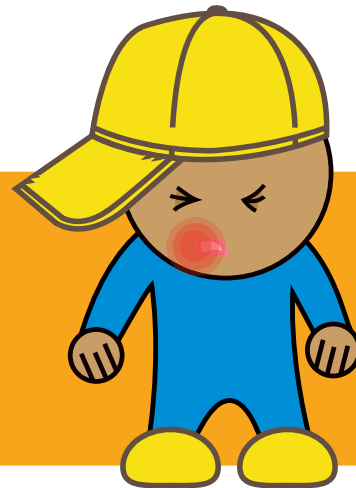


Toothache - seeing a dentist



If you have toothache or need to see a dentist and you live in Manchester, you can contact the Manchester Dental Helpline.



This is a service that manages urgent appointments at lots of dental practices across the city. Just tell them what the problem is and where you are and they can arrange an emergency appointment with a dentist near you.

Manchester Dental Helpline

The Helpline provides the following services to the residents of Manchester:

1. Arranging emergency appointments for patients in need of urgent care, usually on the same day, close to home at more than 30 dental practices across the city
2. Support to NHS Manchester residents looking to access local NHS dental services
3. Advice and support with Dental related queries
4. Signposting and referral to other services

In-hours Helpline number

0161 476 9649

8am-6pm Monday to Friday.

Out-of-hours number

0161 337 2246

6pm-10pm Monday to Friday. 10am-10pm
Weekends and Bank Holidays.

Outside these times please call NHS 111

If you live outside Manchester, you can find your nearest dentist by using the 'find your nearest...' option on this site; by visiting NHS choices at www.nhs.uk or by texting 'dentist' to 64746 - you'll receive three free text messages with the contact details for the three NHS dentists closest to where you are.

'Registering' with a dentist

People no longer have to register with an NHS dentist - dentists provide a 'course of treatment' to NHS patients. At the end of your course of treatment your dentist will recommend when you next need to be seen.

Charges

Depending on what you need to have done, you should only ever be asked to pay one charge for each complete course of treatment, even if you need to visit your dentist more than once to finish it. You will not be charged for individual items within the course of treatment.

There are three 'bands' of charges for all NHS dental treatments:

- **Band 1 course of treatment - £17.50**
Band 1 treatments can include examination, diagnosis (including X-rays), advice on how to prevent future problems, scale and polish (if clinically necessary), and application of fluoride varnish or fissure sealant.



For more information, help and support go to www.choosewellmanchester.org.uk or visit NHS Choices at www.nhs.uk

**Choose the
right care**

- **Band 2 course of treatment - £48.00**
Band 2 treatments include everything Band 1 above, as well as any further dental work, like fillings, root canal treatment or removal of teeth.
- **Band 3 course of treatment - £209.00**
Band 3 treatments include everything in Bands 1 and 2 above, as well as any work that needs to be sent away to a dental lab, like crowns, dentures and bridges.

You do not have to pay for NHS dental treatment if, when the treatment starts, you are:

- Aged under 18
- Under 19 and receiving full-time education
- Pregnant or have had a baby in the previous 12 months
- Staying in an NHS hospital and your treatment is carried out by the hospital dentist
- An NHS hospital dental service outpatient (however, you may have to pay for your dentures or bridges)

You also do not have to pay if, when the treatment starts, you are receiving:

- Income Support
 - Income-related Employment and Support Allowance
 - Income-based Jobseeker's Allowance
 - Pension Credit guarantee credit
- or
- You are named on a valid NHS tax credit exemption certificate or you are entitled to an NHS tax credit exemption certificate
 - You are named on a valid HC2 certificate

What's available on the NHS?

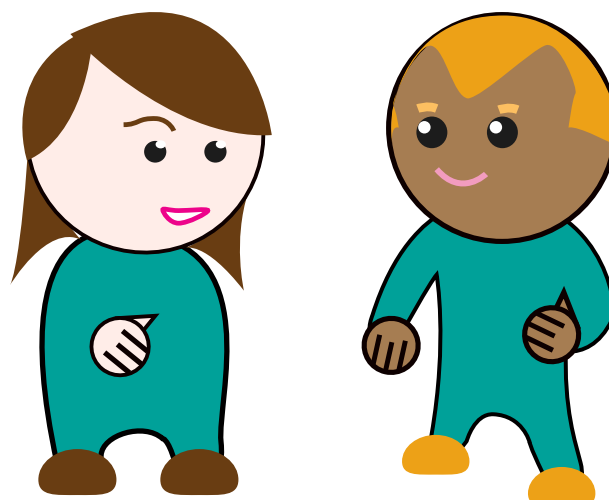
You're entitled to have all clinically necessary treatment on the NHS. This means that the NHS will provide any treatment that you need to keep your mouth, teeth and gums healthy and free of pain.

This includes:

- Dentures
- Root canal treatment
- Crowns and bridges
- Any preventive treatment needed, like a scale and polish, an appointment with the dental hygienist, fluoride varnish or fissure sealants
- White fillings
- Orthodontics for under-18s

The NHS will not provide treatments like teeth whitening, which you may want to make your teeth more attractive but which are not clinically necessary. However, if your dentist says you need a particular type of treatment, you should not be asked to pay for it privately.

Your dentist is not allowed to refuse you any treatment available on the NHS but then offer the same treatment privately. Also, any treatment provided on the NHS has to be of the same high quality as treatments provided privately.



For more information, help and support go to www.choosewellmanchester.org.uk or visit NHS Choices at www.nhs.uk

Choose the right care

What to do next...



Choose care at home if...

- Your teeth are healthy and in good condition - you should arrange for a dental check up at least once every two years
- Use a family fluoride toothpaste
- Brush your teeth at least twice a day - last thing at night and on at least one other occasion
- Spit - don't rinse - after brushing
- Keep sugary drinks and foods to mealtimes



Choose your GP surgery if...

- You need a check up
- You notice any problems
- Call the dental helpline if you need to see a dentist urgently



Call 999 A&E if...

- There are no reasons why you should need to go to A&E for problems with toothache.
- A&E is for urgent, life-threatening illness and injury
- Call the Dental Helpline if you need to see a dentist urgently



For more information, help and support go to www.choosewellmanchester.org.uk or visit NHS Choices at www.nhs.uk

Choose the right care